



Massage/Chiropractic A Team Approach

Chiropractic manipulates bones and thus affects muscles. Massage manipulates muscles and thus in turn affects bones.

If imbalanced muscles are pulling a joint in the spine out of balance, chiropractic adjustment at that joint will not “hold” as well. The muscles will just tend to pull the joint out of balance again. On the other hand, if muscle tension is high in the spine, a good chiropractic adjustment is harder to accomplish in the first place.

Give your horse the whole treatment. Have massage work done prior to chiropractic to allow the most effective adjustment. Have massage work done after chiropractic to support it.

Human chiropractors commonly offer massage therapy right in their offices. Veterinary chiropractors now often recommend massage between adjustments.

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