



Protect Those Tendons

Tendons of the lower leg are part of a chain of SHOCK ABSORBERS on each end of the horse.

The hind chain runs from the sacrum (point of croup) all the way down through the hoof, via muscles attached to the hind leg.

Another chain, from withers to front hoof, includes muscles which attach to the front limb.

These muscles cannot absorb shock when they are tight. Tight gluteals, hamstrings and shoulders add strain to lower leg tendons.

Systematic massage protects tendons, ligaments, and also feet.

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