



The Swinging Back

For freedom and impulsion to travel through the horse's entire body, his ribs need to swing softly from side to side with each stride in each gait.

You can feel this best at walk as you ride. From the ground, you can see the walk develop and the neck soften as the ribs swing.

The pressure of training and work under saddle causes some horses to "guard" their ribs. They don't breathe all the way in and out, and fluid performance is not possible.

Massage techniques release this holding - helping the horse swing, breathe, and develop freer, flowing movement/cadence/impulsion.

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